



NRA LAW ENFORCEMENT QUARTERLY

NRA's 2013 Law Enforcement Officer of the Year

During the early evening of March 10, 2013, officers of the North Liberty Iowa Police Department were dispatched to a 911 call reporting a domestic fight between a man and his girlfriend at their residence. The caller heard yelling and the male had been jumping on the woman's car and screaming at her. This was not the first time officers had responded to this address.

The residence was a mobile home with a small elevated enclosed deck attached to the front, with a ramp leading to the front door. Officers located a woman outside who showed signs of being assaulted, she was crying, and clearly under emotional duress. This woman was in the process of moving out of the mobile home when she was attacked by her boyfriend. When asked about weapons inside she said she thought her boyfriend had removed his pistol from the trailer earlier that day, and he was now alone.

Officers moved up the ramp to knock on the door, only to find themselves confined in a very small area with little room to maneuver. It was impossible for all of them to step away from the front of the door. The officers communicated with the boyfriend but he refused to open the door or come outside. Negotiations with the boyfriend to open the door were going nowhere so he was warned that officers would force entry. At this point the boyfriend could be partially seen through a narrow window by the side of the door. Seeing no immediate threat from him, it was decided to attempt to force the door open by kicking it in. As soon as entry was attempted

the suspect ran toward the back of the mobile home. Within seconds gunfire erupted and bullets burst through the front door, and two of the three officers including Officer Christopher Shine had been shot. Officer Shine was hit in the abdomen and the second officer was hit in the chest. While the rounds caused serious injuries, they did not penetrate the body armor of either officer.

Two of the officers made it down the ramp to take covering positions, with one finding a side window to try to engage the gunman from. Officer Shine remained on the deck and while he could not see the gunman, he knew he was still in line with the now open trailer door, as rounds were still being fired towards the front door. Hoping the gunman would reveal himself, Officer Shine used to his advantage what little concealment he had to be ready to engage the attempted killer. There was a pause in the gunfire and the gunman moved into view. Seeing each other almost at the same time, the two exchanged fire. Officer Shine prevailed, striking the gunman seven times and ending the rampage. Amazingly, the time it took from the gunman's first shot and his attempt to kill the officers until Officer Shine's last shot to end the incident was only 19 seconds.

Understanding that the danger was not necessarily over, Officer Shine moved off the deck to seek cover. Only then did he realize he had been shot in the side and his hand was injured and bleeding, apparently from shrapnel.



Officer Christopher Shine
North Liberty Iowa Police Department

Officer Shine's heroic actions under the most stressful and confusing circumstances while seriously injured is a credit to him, his department, and the community he serves, and were in keeping with the highest traditions of law enforcement. Had the gunman been able to continue his attack and exit the trailer, there is no doubt the lives of the girlfriend and Officer Shine's fellow officers would have been in jeopardy.

It is with great honor and pride that the National Rifle Association recognizes Officer Christopher Shine of the North Liberty Iowa Police Department for his valorous actions by naming him the 2013 NRA Law Enforcement Officer of the Year.



Scan this code with your smartphone or tablet to get more information about the NRA Law Enforcement Officer of the Year recognition.

Forms for nominating candidates for the NRA Law Enforcement Officer of the Year Award may be downloaded at <http://le.nra.org/documents/pdf/law/leoy.pdf>.

For more information about NRA's Law Enforcement Officer of the Year Award and its Law Enforcement Division, call (703) 267-1632 or send an e-mail to LE@nrahq.org.



PREPARING FOR THE “RACE” OF YOUR LIFE

BY MARK SCHRAER

I have raised and coached several distance runners but for me, the most exciting race at a track meet is the 100-meter dash. Given a well-matched group of competitors, this race sometimes comes down to which runner can exit the starting blocks the fastest. Sprinters understand the importance of a flawless start and devote hours of training to these critical first seconds of a race.

A sprint has a lot in common with a sudden gunfight. Both can be won or lost in fractions of a second and the winner is often the participant with the most effective start. Unfortunately, there is little similarity between the time a sprinter spends perfecting his move out of the blocks and the time most officers spend developing the fast and accurate draw stroke.

The high-stakes nature of a gunfight demands that we, as law-enforcement officers and trainers, commit much more training time to this all-important skill.

Consider these statistics regarding law enforcement murders:

- Homicides are up almost 25% over the past two years.
- Ambush and surprise attacks with firearms *continue* to account for the majority of homicides – accounting for almost 75% of all murders by firearms in 2011.
- Of the over 500 officers murdered between 2000 and 2009 (excluding 9/11) fewer than 30% drew and fired their pistols before they died.

Officers and instructors need to take note of these sobering statistics and honestly assess the effectiveness of their training and their agency programs. I believe that if every officer and agency set actual draw stroke standards – say multiple hits into a threat in no more than 2 ½ seconds – these statistics would improve. But this standard will never exist through infrequent training, or the mindset that you can only prepare for a gunfight through live-fire training.

Developing Your Formidable Start

Fifty years ago, *Gunsite* founder Jeff Cooper and other shooting enthusiasts developed the “Five-Count Presentation” described in the *Modern Technique of the*

Pistol. Despite its long history and proven value, few officers spend the time necessary to develop a mastery of this critical skill.

This becomes obvious when officers are challenged with a shot timer or competitive shooting drill. Under the relatively minor stress of a time limit, many will struggle with their holsters or revert to any one of several time-consuming and inaccurate draw strokes. However, when they are given the opportunity to understand and practice their presentation, most show significant improvement in the same day.

Much has been written on the Five-Count Presentation. NRA Instructor classes, which most of you have attended, cover this important skill in the equally viable Four-Count variation. But “understanding” this skill is of no use in a gunfight. This draw stroke needs to be practiced and ultimately mastered, so that you or the officers you coach can rely on this skill in an unexpected attack.

Perfect Practice

I want to emphasize that you should practice these steps slowly for at least the first several hundred repetitions. As with developing any physical skill, proper practice is your first priority. The more you practice this skill correctly, the less your draw will deteriorate under stress. However, the more you race through practice, the more likely that you will develop bad habits.

While it is importance to master every step, if I had to choose the two most important, I would select Count One and Count Five. Here’s why:

Count One – In sudden attacks, officers are usually playing catch up to the actions of their assailant. Some officers are even shot before they realize they are in a fight for

their lives. In the best of circumstances, officers have only a few seconds to fight back. Struggling with the holster or adjusting a grip will eat up this time.

Count Five – Given the speed of a sudden close-quarter gunfight, it is unrealistic to spend additional time acquiring a flash front sight reference. But shooting without any confirmation on where your pistol is pointing can be equally ineffective.

Again, statistics make the point – officers commonly miss assailants far more often than they hit them, even at distances within 10 feet. A suspect who is willing to murder you is not going to stop his attack until you get hits into his body, preferably in the parts of the body that are fueling this attack. Misses take up time that you cannot afford to waste. However, you can reduce and even eliminate these misses by developing the ability to reference your front sight as you are moving from Count Four to Count Five.

Are you ready for the race of your life?

The statistics are clear - *most murdered officers continue to be killed in sudden and unexpected gunfights* – fights in which so many officers never had the opportunity even to draw their pistols, let alone shoot back. The officer who is dedicated to training, skills-building, and regular practice on their draw stroke can greatly improve his or her ability to prevail in the race for their life. But they must have the dedication of a sprinter and the determination, backed by training, to never accept second place.

This article originally appeared on PoliceOne.com, the online resource for Law Enforcement, and is reprinted by permission of the PoliceOne editorial team.



Mark served as a SF Bay Area police officer for 26 years, the last 9 years as a sergeant. Mark was a firearms instructor with his agency for 16 years including 8 years as the agency rangemaster. Mark was also the lead instructor for the agency’s SWAT team and served a number of years as one of two lead defensive tactics instructors. Mark has proudly worked for the NRAs LED for the past three years.

International Officers Visit NRA

Recently, a half-dozen police officers from various parts of the world visited the National Rifle Association. These officers were part of a multi-national group that came to the United States to visit various law enforcement agencies to learn about American law enforcement and how we handle issues and concerns.

As part of the visit to the NRA they toured the NRA's indoor range and were briefed by the Range Manager, Michael Johns, on the target system, ventilation, and overall operation.

From there they were provided a guided tour of the National Firearm Museum, by Senior Curator Doug Wicklund. They were all amazed at the collection of firearms on display and the American history with firearms.

"I was amazed at how much American law enforcement officers have in common with our fellow officers half a world away," said Glen Hoyer, director of NRA's Law Enforcement Division.

All the visitors said that they regularly carry firearms, both on the job and off-duty, hence their interest in firearms. Interestingly, while at the range, the Kuwaiti participants asked about ammo and ammo costs. They said that their police were encouraged to shoot at least once a week and were provided 50 rounds per week free of charge.

We always look forward to our visitors, and this group was especially knowledgeable and fun.



L-R: Ms. Salma Begum, Superintendent of Police, Bangladesh; Lieutenant Ali Al Ghafri, Investigations Officer, Oman; Mr. Nahid Hossain, Superintendent of Police, Bangladesh; Mr. Glen Hoyer, Director, NRA Law Enforcement; Major Abullah Alharbi, Criminal Investigator, Kuwait; Mr. Alex Gorev, Lead Program Manager, IIE-IVLP; Mr. Rashed Al-Barakah, Chief Inspector of Customs, Kuwait; Mr. Mian Aziz Ahmad, Deputy Public Prosecutor, Home and Tribal Affairs, Pakistan



Often called "man's best friend," our dogs are known to be loyal, stalwart companions that love and defend their owners at any cost. But the 2,500 trained canines serving America's military and law enforcement are a breed apart. Sportsman Channel invites viewers into the lives of these military and law enforcement service dogs and their handlers with its new series *Saving Private K-9*. Hosted by actor and former Marine R. Lee Erme (Full Metal Jacket), the show premieres Thursday, May 15 at 8:30 p.m.



What's your safety plan?

BY JOHN B. GILPIN

As a young law enforcement officer, my agency used to schedule our bi-annual Qualification Days such that it was a “day off” from our other duties. That meant we were allowed to wear casual clothes and throw our duty belts on over whatever we were wearing. I always wore my soft body armor over my shirt and was generally ridiculed by the older guys. “Hey rookie, you think a bad guy is going to break into the Range and get you?” I always replied with the same reasoning. “No, but today is the one day on this job that I know there is go-

ing to be shooting. Why wouldn't I wear my vest?”

Fast forward several years and I was part of a federal agency that had me travelling nationwide as a Medic for our SRT. We borrowed training sites across the U.S. and one of the first things I always did was assess the medical capabilities of the facility we would be utilizing. I have seen every manner of “med kit” you can imagine. From the orange spray-painted .50 cal ammo can with a couple of Vietnam era field dressings (and spiders running out) to a catalog purchased EMT kit locked in the office vault. My thought process was always the

same, if you know that shooting will definitely occur, why wouldn't you prepare for someone to be shot?

Giving a Safety Briefing and having a plan to call 911 is NOT a complete safety plan. Having a competent Trauma Kit nearby and knowing how to use it is a necessity.

First, you should know that the terms “First Aid Kit” and “Trauma Kit” are not interchangeable. They both have a place on the firearms range but, of the two, the Trauma Kit is the required one. So please educate yourself. Insect sting gel, burn creams, splints and band aids all have a place but they won't help when someone is bleeding pro-

fusely. If they try to sell you a med kit based on the number of items in it – “420 piece Complete Medical Kit!” or because “Delta SEAL Ninja Force 6 uses it” then it isn’t what you want. Likewise, if it costs \$14.99, it isn’t a true Trauma Kit either (tell your Purchasing Department sorry about that).

A popular response is to purchase a large “Stocked EMT Bag” out of a catalog. There are a couple of problems with this approach. One, these kits are chock full of items tightly shoved into a large bag. If you aren’t a practicing EMT then you won’t know what is what when you open the bag. Not good when someone is laying on the ground bleeding. Second, these bags are set up to treat multiple patients over multiple events throughout the course of an EMT’s work day. I don’t know about you but my plan is to stop at one person being accidentally shot on the range. You don’t need to pay for equipment to treat ten patients.

The most immediate threat as a result of a survivable gunshot wound, accidental or otherwise, is going to be bleeding to death. As anyone who has spent time around a range can tell you, the majority of accidental firearms training shoot-

ings are going to be to the leg (draw and holstering), groin/buttocks (draw and holstering) and hand/arm (presentation and improper barricade use). These are all body locations that contain major arteries and veins. A true Trauma Kit is going to allow you to treat an injury in these locations via the use of a Tourniquet and/or a Hemostatic Dressing. These items are **MUST HAVES** in a real trauma kit. Remember, we are treating **immediate** life threats in this case. That means the closer the kit is to the incident scene, the quicker you can begin treatment.

For these reasons, I recommend to firearms instructors that they have immediately available or (better yet) on their person an effective Trauma Kit. One such kit is the Belt Trauma Kit (BTK) manufactured by Z-Medica and sold through the NRA Program Materials website (<http://materials.nrahq.org/go/product.aspx?productid=LE17010>). This kit contains QuikClot Combat

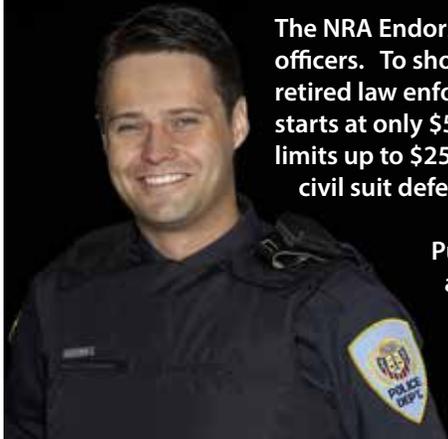
Gauze hemostatic agent, a SWAT-T tourniquet/pressure dressing, gloves and a CPR barrier all contained in a compact belt-worn nylon pouch. All the items you need to treat that life-threatening bleed without the extraneous things you don’t. Don’t forget to seek out competent training on how to use any kit you purchase.

Your car has seatbelts and airbags and your office has sprinklers and fire escapes. Why wouldn’t you have a trauma kit and the training to use it if you are in law enforcement?

(Author’s Note: Much of the above applies not only to the range but for day to day law enforcement activities as well. If your agency doesn’t provide it, seek out appropriate training and equipment to protect yourself, your partners and the public in the event of a traumatic injury. What you do in the time between injury and arrival of trained medical providers can absolutely make the difference.)

John B. Gilpin is a prior law enforcement professional who served at the state and federal levels. He was a founding member of the USBP Tucson Sector BORSTAR unit and has been involved in advocating tactical medicine skills for LEO’s since long before it was cool to do so.

Retired and Off-Duty Officer Self-Defense Insurance



The NRA Endorsed Insurance Program is proud to recognize the sacrifices made by law enforcement officers. To show their appreciation, the program is offering a discounted self-defense coverage for retired law enforcement officers and off-duty police officers who are NRA members. The coverage starts at only \$50 annually and is designed to affordably protect retired and off-duty officers. With limits up to \$250,000, officers can receive coverage for criminal and civil defense costs, the cost of civil suit defense, and criminal defense reimbursement.

Purchasing this coverage is easy! Simply visit www.lawenforcementselfdefense.com and select the option to purchase coverage on the right. For more information or to speak directly to a representative call the NRA Endorsed Insurance Program toll-free at 877.672.3006.

Program Administered by Lockton Risk Services

C.O.P.S. Announces 2014 Hands-On Program Dates

Concerns of Police Survivors is gearing up for their Hands-On Programs in 2014. Each year, C.O.P.S. plans several retreats for survivors of law enforcement officers who have died in the line of duty. These programs provide an opportunity for survivors to bond with and find support from others who have experienced a similar tragedy.

One of the retreats is specific to co-workers who have lost a fellow officer in the line of duty. Losing a friend and co-worker in the line of duty ranks high in the traumatic experiences officers face during their career. Survivor guilt is one of the main issues officers experience after the loss of a co-worker and dealing with survivor guilt will be addressed during the retreat. The weekend will provide strong peer support, professional counseling, and physical challenges.

In addition to the Co-Workers Retreat, C.O.P.S. hosts a kid's summer camp for surviving children ages 6-14, an Outward Bound® experience for surviving teens ages 15-20, and weekend retreats for adult children, siblings, spouses, parents, fiancés/significant others, and extended family members. The programs are provided at no cost to survivors, as they have already paid too high a price.

Concerns of Police Survivors is a nationwide not-for-profit organization that has held the mission of rebuilding shattered lives for 30 years. With 54 chapters across the country, members of C.O.P.S. are always prepared to help survivors when they need it, where they need it. C.O.P.S. has a national membership comprised of more than 29,000 families who have identified themselves as survivors. Unfortunately, that membership continues to grow as 112 more officers were honored in May during National Police Week 2014.

For more information on Hands-On Programs or the organization, please visit www.nationalcops.org.



2014 NRA Law Enforcement Firearm Instructor Development Schools

<http://LE.NRA.org/Training> • LE@nrahq.org • (703) 267-1640

New schools are added often. Check website frequently for current Training Schedule.

Range fee, if any, is payable to some hosting agencies; amount varies.

NRA Tuition = \$595 per person

HANDGUN & SHOTGUN

Jun 2-6 Deland, FL
 Jun 2-6 Garden Plain, KS
 Jun 16-20 Columbus, MS
 Jun 23-27 San Diego, CA
 Jun 23-27 Poteau, OK
 July 14-18 Ft. Wayne, IN
 July 14-18 Tuscaloosa, AL
 July 28- Aug 1 Egg Harbor TWP, NJ
 Aug 4-8 Topeka, KS
 Aug 4-8 Memphis, TN
 Aug 4-8 San Diego
 Aug 11-15 York, PA
 Aug 18-22 Columbia, MO
 Sep 8-12 Ft. Wayne, IN
 Sep 8-12 Boonville, IN
 Sep 8-12 San Diego, CA
 Sep 8-12 Poteau, OK
 Sep 15-19 Bethlehem, PA
 Sep 15-19 Mineral Point, PA
 Sep 15-19 Lexington, KY
 Sep 22-26 Florence, AL
 Sep 22-26 Las Vegas, NV (pub LE only)
 Oct 6-10 Deland, FL
 Oct 13-17 Tupelo, MS
 Oct 20-24 Defiance, MO
 Oct 20-24 Southport, FL
 Nov 3-7 Savannah, GA
 Nov 17-21 Pearl, MS
 Dec 1-5 Palm Bay, FL
 Dec 1-5 San Antonio, TX
 Dec 1-5 Florence, AL

HANDGUN

June 16-20 York, SC
 July 14-18 Palm Bay, FL
 Aug 25-29 Deland, FL
 Sep 15-19 Southport, FL
 Oct 13-17 San Antonio, TX
 Oct 13-17 Issaquah, WA
 Oct 20-24 Lusby, MD
 Oct 27-31 Milan, IL

PATROL RIFLE

May 19-23 Gunnison, CO
 June 9-13 Lewisberry, PA
 June 16-20 Valhalla, NY
 June 23-27 San Antonio, TX
 July 7-11 Mineral Point, PA
 July 7-11 Palm Bay, FL
 July 14-18 Littleton, CO
 Jul 14-18 Garden Plain, KS
 Jul 21-25 Boonville, MO
 Aug 11-15 Tuscaloosa, AL
 Aug 18-22 Southport, FL
 Aug 25-29 Pittsburgh, PA
 Sep 8-12 Savannah, GA
 Sep 15-19 Horton, KS
 Sep 15-19 Bedford, PA
 Sep 29-Oct 3 Summerville, SC
 Sep 29-Oct 3 Bethlehem, PA
 Oct 6-10 Florence, AL
 Oct 13-17 Mineral Point, PA
 Oct 20-24 Pearl, MS
 Oct 27-31 Lusby, MD
 Nov 3-7 Staunton, VA
 Nov 3-7 San Antonio, TX
 Nov 17-21 Las Vegas, NV (pub LE only)
 Nov 17-21 Deland, FL
 Nov 17-21 Dahlonega, GA

PRECISION RIFLE

Jun 2-6 Jackson, NJ
 Jun 16-20 Mineral Point, PA
 Jun 23-27 Sopchoppy, FL
 Sep 29-Oct 3 Littleton, CO
 Dec 1-5 Las Vegas, NV (pub LE only)
 Dec 8-12 Pearl, MS

SELECT-FIRE

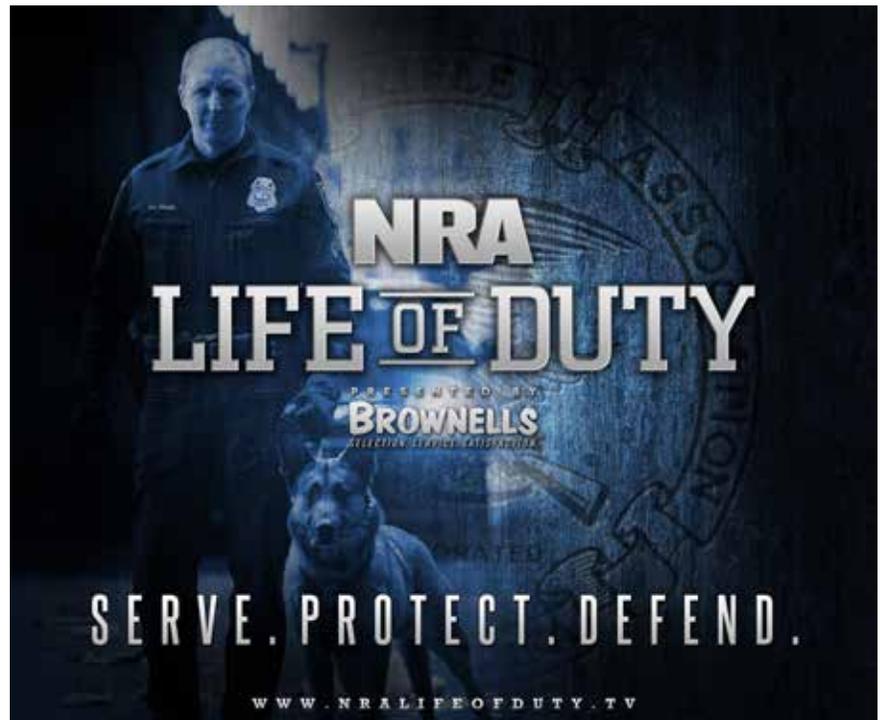
Aug 4-8 Mineral Point, PA
 Oct 27-31 Florence, AL

TACTICAL SHOOTING

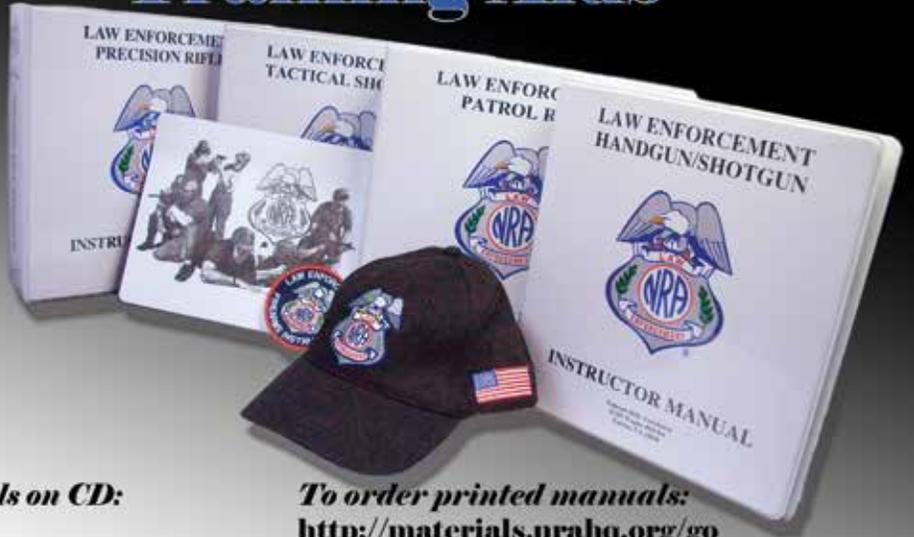
Jun 9-13 Pearl, MS
 Aug 4-8 Egg Harbor TWP, NJ
 Aug 4-8 Coden, AL
 Sep 8-12 Howell, NJ
 Sep 22-26 Bethlehem, PA
 Sep 22-26 Tuscaloosa, AL
 Sep 29-Oct 3 Garden Plain, KS
 Oct 6-10 Las Vegas, NV (pub LE only)
 Oct 27-31 Summerville, SC
 Nov 17-21 Florence, AL
 Nov 17-21 Westhampton, NJ

TACTICAL SHOTGUN

May 19-23 Sopchoppy, FL
 Jun 2-6 New Iberia, LA
 Jun 9-13 Memphis, TN
 Aug 18-22 Littleton, CO
 Nov 3-7 Las Vegas, NV (pub LE only)



NRA Law Enforcement Firearm Manuals and Training Aids



To order training aids and materials on CD:
<http://LECDs.nra.org>

To order printed manuals:
<http://materials.nrahq.org/go>



DISCIPLINES AVAILABLE:
 Handgun Handgun/Shotgun
 Patrol Rifle Tactical Shotgun
 Precision Rifle

Sales of these items are restricted to NRA Certified Instructors, sworn Law Enforcement Officers, bona fide Law enforcement agencies, armed security companies, and the U.S. military. Once your order is received, you may be contacted by a member of the Law Enforcement Activities Division to verify eligibility.

Scan this code with your smartphone or tablet to get more information about the NRA Law Enforcement Division.



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